



FEBRUARY UPDATE!



Hi @FirstName@@

We hope you are doing well and enjoying the slightly lighter evenings as much as we are!

In this February update, we have included about our coach transport, how to prepare your bike for the event, and a little bit about our charity partners.

[Please follow and like our new London to Brighton event page where you will find regular updates!](#)

If you need any information in the meantime you can check out your [Participant Area](#) which we will be uploading copies of all past emails to in case you missed any. You'll also find a welcome pack, a training plan, fundraising tips and more!

Best of luck and if you have any questions make sure you get in contact!

The Skyline Events Team

[Take me to my participant area!](#)

Preparing your bike

BIKE SUITABILITY

The route is entirely on road so please ensure your bike is suitable for this. Whilst using a mountain bike is possible, they are much heavier and it will be more challenging!

We recommend using a lightweight road bike, or hybrid bike. It is also advisable to have your bike serviced before the ride to ensure it's in good condition.

It must have independent brakes on both wheels, fixed wheel bikes are not allowed.

If you are considering riding a non-standard type of bike, please [send us details](#) via email so that we can confirm it can be used in the event.

BIKE SERVICE

We would highly recommend you service your bike before the ride. Servicing your bike regularly is always a good idea to ensure it is safe and to make your rides enjoyable and problem free!

MECHANICS ON THE ROUTE

We will have friendly mechanics at the water stops and roaming the route in vehicles and on mopeds however they are often very busy. Punctures are a common problem so you will need to carry a spare inner tube and a gas cannister or pump to inflate the tyre. Numerous online tutorials show how to replace an inner tube in a matter of minutes, if you can take care of this fix yourself you will be back on the road in no time, without waiting for a mechanic to arrive.

YOU CAN FIND LOTS MORE INFORMATION ABOUT PREPARING YOUR BIKE OR CHECKING YOUR BIKE IS OK BY LOOKING AT OUR [FAQS!](#)

Getting Home - Coach Transport



We strongly advise you arrange to be picked up from Brighton or book onto our bike and coach transport (subject to availability). Southern Railway in the past have either banned bikes or only permit a very limited number of bikes on the day so we suggest finding an alternative way to head north if you need to.

We offer a service that transports you and your bike from Brighton back to the start line in Clapham. The return coaches will depart Brighton regularly from 11:30 onwards. Bikes will be transported to Clapham Common in secure bike vans and will meet you there upon your arrival.

There is only a limited amount of spaces and once they're gone, they're gone! We expect these to sell out so book as soon as possible to avoid missing out.

To book please use the red link below. This link is personalised to the rider this email is addressed to. Please DO NOT book anyone else onto the Transport service using this link. If you need the link for other riders please email us at info@londonbrightoncycle.co.uk and we can send you the link.

[Book your transport now!](#)

Own Place Fundraising

Even if you have not selected to ride for charity there is still the opportunity to raise some money for one of our fantastic charity partners. Some of these partners include [St Georges Hospital Charity](#), [Parkinsons UK](#), [Kidney Care UK](#), and [Cancer Research UK](#), or for the full list of charities involved please check [here](#)



'Last year our world was turned upside down when Dad was given a diagnosis of Dementia which we knew would be an incurable degenerative disease. This has been the hardest news we have ever had to deal with.'

Jordan, one of Alzheimer's Society top fundraisers, tackled the mighty London to Brighton cycle last year raising an incredible £1275! With an overwhelming victorious feeling Jordan, and family, have continued to raise money and awareness through events, fundraising and their family business, AJT Showers. 'We sought advice from the Alzheimer's Society and spoke to professionals who gave us key advice that enabled us to deal with our concerns and signposted to support in our local area.

With their amazing efforts and continuous help with Dad, we felt it was only right as a family and as a business to give back to such an amazing charity.' You could give help and hope to families affected by dementia, like Jordan's, by taking on this epic cycle.

[Click here to cycle the London to Brighton for Alzheimer's Society](#)



Participant Area
Missed an email? A copy of all emails distributed will be available to view on the [Participant Area](#) too so you don't miss a thing!



Are you in a group?
Make sure you let us know if you're in a group that didn't register together. [Email us](#) with your name and the name of all group members.



Facebook
Join other riders on the [official London to Brighton 2024 Facebook Group](#) to share your stories, ask questions and even find buddies.

Skyline Events

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