



# LONDON TO BRIGHTON 2022



BOOKING NUMBER: {{  
contact.BOOKING\_NUMBER }}

Hi {{ contact.NAME }}

One month to go!

There's **lots** of important information in this email and also the [welcome pack](#) so please read it all carefully.

[Check out the route](#) that you'll be following which shows waterstops along with the climbs and descents.

If you need any information in the meantime you can check out your [Participant Area](#) which we will be uploading copies of all past emails to in case you missed any. You'll also find a welcome pack, a training plan, fundraising tips and more!

Best of luck and if you have any questions make sure you [get in contact!](#)

**The Skyline Events Team**

**Take Me To My Participant  
Area**



## HAVE YOU MOVED?

If you have changed address since you made your booking then please let us know where you would now like your race pack delivered to. The deadline for this is **3pm on Friday 12th August**. **We won't be able to action any requests made after this time.**

[Let us know](#)

## UPGRADE YOUR EXPERIENCE

You can add a selection of extras to make your day that much smoother.

You can choose from:

### Parking at the start

**Bike and Coach Transport (if you've already purchased this make sure you don't double book!)**

### Entrance to the VIP Tent at the finish line

To secure these you'll need your booking number which is located at the top of this email.

There are limited spaces for all of the above so hurry!

[Step it up](#)



## HOW WILL YOU GET HOME?

Southern Railway either ban bikes or only permit a **very** limited number of pre-booked bikes on the day, so we strongly advise you arrange to be picked up from Brighton or book our bike and coach transport. **THIS WILL SELL OUT** and when they're gone, they're gone and you will have to find alternative transport home.

Our return coaches will be leaving Brighton regularly from 11:30 and throughout the day. These will operate on a first come, first served

basis (and will only leave Brighton when the coach is full)  
Bikes will be transported to Clapham Common in secure bike vans and will meet you there upon your arrival.

When you finish the ride please head straight to the bike transport check-in to drop your bike off and then enjoy some well deserved, baggage free time in Brighton before hopping on a coach back to London so that your bike will be waiting for you on your return.

You can book this service on the [participant area](#) and you'll need your personal booking number, which is at the top of this email. As previously mentioned there is only a limited amount of spaces and once they're gone, they're gone!

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## WHAT TO BRING ON THE DAY

You'll receive your race pack around a week prior to the event. It will contain two rider numbers, one paper number with four safety pins, which you attach to the back of your jersey/jacket.

The second number is hardback and has holes punched through it, please use the two cable ties to attach this to the handlebars of your bike.

Your chip timer is within your number so it's important you have these attached to you.

Before you arrive make sure you have your bikeboard attached to your handlebars and that your bib number is attached securely to the rear of your jersey or jacket – then you will be ready to go when you arrive.

Simply head to the assembly area when it's time for your slot.

Please bring any clothing you want to wear on the day and dress appropriately for the weather.

Helmets are compulsory on this ride – it is not permitted to cycle on our event without a cycling helmet.

Water bottles should be filled at home with your drink of choice and can be refilled with water at the stops.

A bike lock will keep your bike secure if you want to leave it at any point.

Skyline do not accept liability for lost or stolen bikes left by participants.



From billboard to boardroom, helpline to health information, we're working together for everyone living with Parkinson's. When [Parkinson's UK](#) was set up, the Society had 3 aims:

To help patients and their relatives with the problems arising from Parkinson's

To collect and disseminate information on Parkinson's  
To encourage and provide funds for research into Parkinson's

Today we focus on research as well as information and support.  
We have also expanded to improve services for people with Parkinson's through education and training for professionals and campaigning.

If you don't have a charity yet and would like to support [Parkinson's UK](#), [let us know!](#)



**Participant Area**  
Missed an email? A copy of all emails distributed will be available to view on the [Participant Area](#) too so you don't miss a thing!



**Are you in a group?**  
Make sure you let us know if you're in a group that didn't register together. [Email us](#) with your name and the name of all group members.



**Facebook**  
Join other riders on the official [London to Brighton 2022 Facebook Group](#) to share your stories, ask questions and even find buddies.

## Follow us on social media

Hear about more events, chat to like-minded people, find a training buddy and enjoy first hand accounts of the experiences we offer. Join in today.



### Skyline Events

This email was sent to {{ contact.EMAIL }}  
You are receiving this email because you opted in via our website.

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